

LEARNING ACTIVITY 9

PSTD and Moral Injury – Poems, Stories, Songs, Artworks

Working with the personal testimony of Davina, a UK veteran who served in The Bosnian War (1992-1995)

In her interview, Davina makes many powerful and moving comments about her experience to illustrate how the war impacted upon her own mental health.

These include:

“Waking up in tears”

“What’s going on?”

“Every moment could be your last”

Using one or more of these quotations write a poem, short story or song or make a visual artwork. It can be based on what you have learned about Davina’s story, something from your own experience, or it can be entirely fictional. **Learning Resources 5b & 5c** have examples of responses made by students from Convent of Jesus & Mary Language College.